



## Rochelle Terese Harrington

October 1, 1956 - April 25, 2026

Rochelle Terese Harrington, age 69, of Gainesville, VA passed away on April 25, 2026, at UVA Haymarket Medical Center in Haymarket, VA, following a brief battle with cancer.

She was born on October 1, 1956, at Ancon Hospital in Balboa, Panama to the late Imelda (Cunningham) Harrington and Lee Harrington.

Rochelle was a 1974 graduate of McLean High School in McLean VA and a 1979 graduate of George Mason University in Fairfax, VA where she earned a Bachelor's Degree in Science and Education. Following her career with C&P Telephone, she enjoyed spending time with her beloved family and friends. She was a diehard fan of the Washington Redskins and her two favorite players were Hall of Famers Art Monk and Darrell Green. Additionally she was a fan of Linda Ronstadt, she enjoyed going to the beach, cats, and a good decaf espresso/coffee.

In addition to her parents, Rochelle was predeceased by her brother, Brian Harrington, and sister in law, Kathleen Harrington. Survivors include brothers, Mark Harrington and Lee Harrington; her nieces and nephews, Chris Harrington, Lauren Harrington, Lee Harrington, Wyatt Harrington, Trent Harrington, and Eileen Jobman; her two great nieces, Vanessa Harrington and Hannah Davis; as well as other loved ones.



# Tribute Wall

FG

“ Rochelle, I was so sorry to hear about your passing, you were such a wonderful Beam of light, friendly, just a wonderful person and glad I got to know you, Rest in Paradise, you will be missed.



*Francetta*

---

**Francetta Gibson** - April 30 at 09:15 AM



“ Learning of Rochelle’s passing has been truly heartbreaking. It’s rare to find a colleague who transcends the office to become a true friend, but Rochelle was exactly that—a constant bright spot in my life whose kindness was limitless. She had such a gift for finding humor in everything, and I will always carry the image of her laughing and smiling. Rest well, Rochelle. I’m going to deeply miss you, our inside jokes, and those quiet tea/coffee breaks.

*Latha Ramakrishnan*

---

**Latha Ramakrishnan** - April 27 at 10:31 PM

VL

“ Rochelle was my best friend. I have known her since we could walk and talk. We lived next door to each other and were classmates from first grade until graduating from high school. I am crushed, devastated, and heartbroken at this news. She was the best friend anyone could have. I can't stop crying or talk about it now. I just want everyone to know what a wonderful person she was and how much I loved her. May God bless her and her family.

VLB

VLB - April 27 at 01:14 AM

LA

💔💔💔-me too. Thank you for your kind words.

Lauren - April 27 at 07:12 AM

MH

“ I'm so grateful I got to call you my friend. You'll always have a place in my heart.



Miracle Harrington - April 26 at 04:36 PM

DB

“ Remembering your kindness & friendship will always bring a smile💜. See you later my friend 🙏



Dee Bishop - April 26 at 04:19 PM

LA

“ Love and miss you so much! ❤️❤️



Lauren - April 26 at 03:39 PM

CW

“ I am shocked and saddened to read of Rochelle's (Shell's) passing. She was sweet and kind, and a loving cousin to my wife Janice. They have a lot of catching up to do together in Heaven. My love and heartfelt condolences to her nieces and nephews, and the friends and family who loved her. Rest In Peace Shell, with much love.

Chris White - April 26 at 03:01 PM



“ Rochelle was one of the sweetest classmates that I met when I enrolled at Haycock Elementary in Falls Church in 1963 and I will always remember what a kind person she was.

*Blessings on you old friend.*

C. Mark Sublette - April 26 at 02:09 PM

HN

“ We have known Rochelle (Shelly) for over 30 years and had many fun times at parties and always cheering for the Redskins. She will certainly be missed. Marlis&Helen

Helen Nelson - April 26 at 10:45 AM

SH

“ I'm truly shocked and deeply saddened to hear of your passing. I knew you for over 30 years, and I wish I had known you were sick so I could have said goodbye. My heart is heavy, but I take comfort in knowing you are now free of pain and resting in peace. Sending love and heartfelt condolences to all who loved her.

---

**Shannon** - April 26 at 10:21 AM

GA

“ The shock I felt when I saw you left us. The fun and crazy times we shared. Going to the nursing home to visit your mom was priceless. Glad your free of pain now. May you toss a ball at all the Redskins players that left before you. RIP sweet Rochelle.



---

**Gabby** - April 26 at 10:01 AM

DF

“ Rochelle was a treasured friend for over thirty years. I remember karaoke nights at Chelsea Jo's, Redskin football on Sundays, cooking a delicious meal in the kitchen, making the best drinks at Starbucks, hanging with her cat, Cody, plotting a strategy for Black Friday madness, doing Leslie Sansone workouts, throwing darts, going to the train station in Manassas and trips on the bus to Rehoboth. Too many great memories to mention. Family and friends meant everything to her. You will never be forgotten. I will miss you.  
Godspeed  
Delena

---

**Delena Foster** - April 26 at 08:19 AM