



Patrick James Cowart

June 17, 1957 - August 18, 2024

Patrick James Cowart (Pete) of Nokesville Virginia passed away on August 18th 2024 at the age of 67. He is the son of Dawne M. Cowart and the late Fred L. Cowart Jr and is survived by his daughter Jennifer Freeman, and his brothers Michael, Rick and Stephen. Pete was born in Valdosta, Georgia on June 17, 1957 and spent the majority of his life in Northern Virginia, where he graduated from Stonewall Jackson High School in 1975. Pete's career included various representative and managerial roles at Acme Supersaver, Shoppers Food Warehouse, and Nabisco. He was a beloved father, brother, friend, and pet-lover.

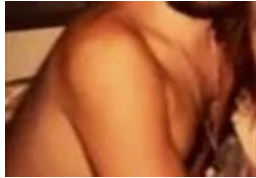
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> There will be a Celebration of Life announced at a later date. In lieu of flowers, please donate to your local vet or the ASPCA in Pete's honor.

Tribute Wall

CL

“ Remembering my first love.



Cindy Lowe - September 18, 2024 at 09:55 AM

CL

This is the guy I remember.

Cindy Lowe - September 18, 2024 at 09:57 AM

CL

“ I am sadden to hear that Pete has passed. I have so many memories of concerts, movies, and lots of parties with plenty of beer and pina coladas. Peter bought his first pug, cannonball from my mom. Rest in peace Peter. Love Cindy



Cindy Lowe - September 18, 2024 at 09:43 AM

CB

“ Cindi Bernstein lit a candle in memory of Patrick James Cowart



Cindi Bernstein - September 08, 2024 at 10:49 AM

AC

“ My thoughts and prayers are with the family and friends. He hired me for my fuest job at Shopper's Food Warehouse. Very nice man.



Angie Caudle - September 01, 2024 at 05:38 PM

DB

“ I worked with Pete at SFW in the 80's & 90's and all my memories are good ones. He was a kind manager and treated his employees respectfully always. He was a fun guy and went out of his way for people. We will miss him till we meet up again💜
Debbie Bell and I'm sure friends at SFW#16

Debbie Bell - August 27, 2024 at 08:36 PM

RE

So saddened to hear of the passing of a dear friend and co-worker. Pete was my manager at SFW #28. I later worked with him at Nabisco. What a great loss. Kind hearted, always willing to help out anyway he can. Although I was a little older than him...he always greeted me as kiddo. I will miss him. RIP my friend. Renay Edmonds

Renay Edmonds - September 14, 2024 at 10:10 PM

AB

Pete was such a sweet & beloved neighbor, with a singing voice like Vince Gill. When his beloved pug passed, I left a pug art sculpture made of welded metal on his front porch. Later, he left a beautifully wrapped box of Nabisco treats on our doorstep. Pete, your Woods of Shenandoah neighbors miss you.

Amber Bateman - November 24, 2024 at 06:46 AM

PM

“ We lost a great friend with the passing of a kind, quiet man. Memories of this good guy are plentiful within our SJHS class of 1975. Mrs. Cowart, Mike, Rick, and the Cowart family, I'm sorry for this great loss.

Pam Moody

Pam Moody - August 26, 2024 at 02:04 PM

RF

Pete will surely be missed. Pete will always be in my memories from high school and beyond. My condolences to his family and all that knew and loved him. □

Rocky Fulwiler - September 01, 2024 at 04:43 PM

ET

They will never be another Pete daddy. We had so many great memories as kids growing up high school when he drove that little MGB and as roommates we had a blast. He was very, very very good man. Rest in peace Pete daddy prayers for the family. Turk

Ernie Tugman (aka) Turk - September 02, 2024 at 10:37 AM

CP

i was saddened to hear that Pete had passed. He was one of the good ones and will be missed by many. My condolences to his family.

Cindi (Bernstein) Payne - September 08, 2024 at 10:44 AM

CL

I am so sadden to hear that Pete has passed away. We had some fun times in the late 70s. My first concert, movies and lots of party's with Pina colada and beer. Condolences to Mrs. Cowart, Mike, Ricky and Stephen. Rest in peace Peter. Cindy

Cindy Lowe - September 18, 2024 at 08:55 AM

DO

Prayers for family and friend's peace and comfort. God Bless.

DEBRA STEINER OBRIEN - December 31, 2024 at 01:00 PM