



Lowell Dean Long Jr.

August 13, 1963 - October 24, 2020

Lowell Dean Long, Jr. age 57, passed away unexpectedly on October 24, 2020 in Lake Ridge, Virginia. He spent his last day with his only daughter and granddaughter picking out pumpkins at the local nursery and carving them on the front porch, as was their tradition every October.

Dean was born on August 13, 1963 in Jacksonville, Florida to Lowell Dean Long, Sr. and Shirley Ann (Coffman) Long. His three surviving sisters, Valerie, Sherri, and Kelly remember him lovingly. Sherri says that he considered “giving to others” to be his Gift.

He was a commendably responsive, humble, and generous man. He worked hard for his earnings and then paid it forward; but he was not just generous with his earnings. He was generous with his time and with his unquestionable love. Coworkers, clients, friends, and family could call on him at any time, and he would pick up and listen or get back to them as soon as he could. He told his 26-year-old daughter, Amy, on his last day, “you know I’m always here for you.”

While hard on himself, he humbly accepted the imperfections of those in his life. If he felt he had done wrong to someone, he would apologize to that person. Making amends was very important to him. He was continually working on improving himself and encouraged many to seek out help when

needed.

In 2017, he was formally recognized by the National Institute of Health for his dedication and contribution as a computer security team asset. He was highly recommended and depended on in the workplace. He took his occupation and other responsibilities seriously yet frequently sprinkled in humor wherever he could.

He chiefly valued spending time with his family and fiancée, Lin. He held his heart and arms wide open to them all and said he sought to be “more thankful and grateful for what I have been given and the people in my life.”

A memorial service will be coordinated in his honor. (Details to come)

Condolences may be sent to: www.piercefh.com

Tribute Wall

MF

“ I just came upon this sad news. I met Dean in college and was in touch with him for only a few years thereafter. However, I have thought of him so frequently over the years. Dean was used by God to make sure I did not "fall through the cracks" during a very transitional and spiritually vulnerable time in my life. He was most definitely the one who sacrificed his time and stepped up to be sure I remained grounded in my infant faith and plugged into a good Bible teaching church. If he had not done that, I don't know what my life would look like today, or if I would have the knowledge and confidence of my secure salvation in Jesus Christ. God could have chosen to have worked through different means, but Dean was the one that He used in my life. I will be eternally grateful. I hope this tribute will be seen by his family and loved ones and stand as a testament to his impact on my life. I extend my deepest condolences to the family, and thank you too for helping establish my Christian trajectory many years ago.

On a light note, I have to say his photo captures the same smile I remember from decades ago, and it made me smile today.

Michael Fitzpatrick

Michael J. Fitzpatrick - September 04, 2021 at 03:16 PM

SM

I've read all the tributes to my precious brother, Dean-o, more than once. They lift my heart and I cherish each one of them. It was a blessing to be his sister, and I'm deeply inspired by the way that he touched so many lives with his selfless giving and compassion. Thank you all for sharing your tributes and stories. They comfort the hearts that dearly miss him.

Sherri Murray - May 19, 2022 at 11:55 PM

EC

“ Dean helped my three children and I during a very tough time. His kindness will never be forgotten and I think of him every time I pay it forward.

Elizabeth Crist - March 03, 2021 at 12:11 PM

GG

“ Dearest Dean,

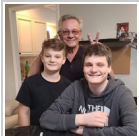
Rest in God's Love, Peace, Light and Power. I remember going to our 164 and Beyond as Covid-19 connected us all upon Zoom. I thought the Invisible Man image was a cool screen shot. Then one night you revealed yourself to be a kind, loving, wise soul. We all will miss you. But we also know that you are still here, watching from the other side of the veil, with God and the angels.

Glorianna Galicia - January 21, 2021 at 02:17 AM

PJ

“ We knew you as the Invisible Man at the 164 & Beyond Zoom meeting, many of us never met you in real life but we sincerely feel this loss. I am sorry this is late but we just found out thanks to one of our members who went looking for you... You were a great addition to our group, thank you for bringing your presence to us and may God pass your soul into eternity with ease and comfort.

Pascal Junger - January 20, 2021 at 11:45 PM



“ From my heart and soul at the 164. I love you and you will be missed Thank you for being a part of my journey. My condolences to your loved ones. xoxo RIP Invisible Man -Tammy LaRue

Tammy LaRue - January 20, 2021 at 11:21 PM

DE

“ *Very sad to learn of Dean’s passing. Worked with him at NHLBI. He was a very bright and capable technician and he was always fun to work with. He had an infectious smile and laugh. My sympathies to his family and Lin. Dean will surely be missed.*

Dan Edney - November 16, 2020 at 08:27 PM

CL

“ *I’m really going to miss Dean. He was easy and always reliable to work with and his sense of humor always made me laugh. Connie Latzko*

Connie Latzko - November 12, 2020 at 12:40 PM

EF

“ *Dean was a wonderful, warm, helpful, and witty man. I had the honor working with him at NHLBI for a few years before 2010. Dean often talked about his daughter at work with such love and care. I could tell he was a great dad. He silently worked in the background with great attitude and work ethic. He was generous with his knowledge and sharing with others. We used to work late together and having fun conversation. He will be missed. I hope Dean's family and Lin will always remember the happy time with him. May God take care of his soul. Amen. -- Eric Fang*

Eric Fang - November 11, 2020 at 10:14 PM

RF

“ *I am tremendously saddened.*

I had the pleasure of working with Dean throughout the years and he was the always professional, kind and helpful. You never got an attitude with Dean and his easy-going demeanor, humor and vast knowledge I deeply admired and appreciated.

Thanks Dean for all your help. You made my job much easier.

When I look up at the sky tonight and see the brightest star, I will think of Dean.

My sincere and deepest condolences to his family.

Randy Francini



Randy Francini - November 10, 2020 at 06:29 PM



“ *Healing & Hope Sympathy Basket was purchased for the family of Lowell Dean Long Jr..*



November 08, 2020 at 05:16 PM

JJ

“ Dean and I served on a service committee. A few weeks ago we attended a virtual Virginia assembly weekend. As conventions go there were some boring gaps in which Dean and I were texting and being goofy to pass time. I loved his quirky sense of humor.

Dean would orchestrate ways to help others without knowledge of him being the source. Once I caught him and he swore me to secrecy. Doing for others and not getting caught nor telling others what they did is one of the most humble things one could do and Dean was one of the best.

I was deeply saddened by his passing because the world has lost a great man with the kindest gentle soul.

My heart goes out to the family because I know how loved and important you were to him.

I will miss you Dean so now I have to say one final good bye and love you”.

Judi Johnson

Judi Johnson - November 08, 2020 at 05:01 PM

BS

“ Our condolences to Dean's family in this time of loss. Dean was our neighbor and friend. He will be missed.

Brian Swilley - November 07, 2020 at 08:36 PM

RM

“ *Brother Dean,*

Your presence and service will be missed. That great, big laugh and that genuine availability to help another person are rare commodities these days. Your work is done here, but your legacy (The Invisible Man) will last a Long time!

*Long may those memories run,
Rob Miller*

rob miller - November 07, 2020 at 04:46 PM

GN

“ *I will always think of Dean as "Brother Dean." Dean was a great friend and confidant for many years. He was like a brother to me and I will miss him greatly. Dean's service to others was an example of his outstanding character. Many friends of ours experienced his kind and humble heart when he shared his experience, strength and hope to each of us. Dean always put others above himself. He tried so hard and there is nothing that he would not do for anyone and that included money if you needed it.*

Go rest high on that mountain, my friend. I love you Brother Dean and God loves you.

I would also like to express my sincere condolences to Lin, Amy Joy, his precious granddaughter - and to Amy, Bob and all the family.

*In Christ Love,
Garland (Gary) Newcomb*

Garland Newcomb - November 04, 2020 at 07:40 PM

AF

“ Rest in peace, my dear friend. We had a beautiful daughter together, and your commitment as a father and consistent positive support for her earned my respect always. I will miss sharing our family events and holidays with you. I will miss the hilarious cartoons and jokes you would send me.

To all of the Long family, and to Lin, Bob and I offer our deepest condolences.

Amy and Bob

Amy F - November 04, 2020 at 06:48 PM

VW

“ I met Dean back in the 2000's when he worked at NHLBI and I was at CIT. I always looked forward to talking with him on the phone when we worked on a project. I was thrilled when he had the opportunity to join CIT and I got to see him in person more often. We got a chance to visit at CIT/DCSS holiday parties and in the office. He will be missed by many. He had a quiet, sense of humor and a great outlook on life. My sympathies to Dean's family.

Valerie Wampler - November 04, 2020 at 03:48 PM

JH

“ My condolences and prayers to his family, his fiancé Lin and all who loved him. It was easy for him to smile and laugh.

J. Hoffman - November 04, 2020 at 03:02 PM

RD

“ *My sympathies extend to Dean’s family and my dear friend Lin. The world has lost a great person. Dean was a good man and although not perfect, he was always trying to be better. When I worked with him, he gave me awesome advice based on his own personal life experience. I will forever be grateful for having known Dean. May he rest in peace and may the family somehow recover from this tragic loss.*

Renee Dougherty - November 04, 2020 at 12:59 PM