



## Joseph Michael Grimberg

February 6, 1976 - January 31, 2025

Joseph Michael Grimberg, 48, of Manassas, Virginia, went home to God after a brief illness on January 31, 2025, with his parents and most of his siblings at his side.

Joey was born on February 6, 1976, in Silver Spring, Maryland, the first-born child of Peter and Carol Grimberg. At the age of five, he was diagnosed with Duchenne muscular dystrophy. He grew up in Frederick and Walkersville, Maryland. He attended Elizabeth Ann Seton grade school in Emmitsburg, Maryland. He coached younger boys in baseball though he couldn't play competitively himself, and his players became all-stars.

Joey began high school at Walkersville High School. After ninth grade he wanted to attend a Catholic school. The Catholic high schools in the Maryland area at that time were not able to accommodate a handicapped student, but a friend of the family suggested that his parents investigate Seton Junior-Senior High School in Manassas, Virginia. Mr. Grimberg and Joey visited Seton in the summer of 1991, and he entered Seton that fall.

Graduating from Seton in 1994, Joey went on to Northern Virginia Community College, where he obtained an associate's degree. He later received a B.A. degree in communications from George Mason University.

When Joey was first diagnosed with Duchenne M.D., the life expectancy was

twenty years. He lived over twice that long, a life filled with a loving family, many friends, a strong Catholic Faith, a devotion to Our Lady and the Rosary, and many interests and activities. Joey enjoyed playing chess, enthusiastically following his favorite Washington sports teams, the Redskins (Commanders) and Nationals, and discussing politics. He had a podcast with his friend Harold, who died about a year ago. Despite the harsh realities of his disease, Joey kept a positive attitude and brought joy to all who knew him. His deep Faith was an inspiration to his family and his friends.

Joey is survived by his parents, Peter and Carol Grimberg; his brothers, Justin and Michael; his sisters, Mary, Rachel, and Anna; and nine nieces and nephews.

The wake will take place at Seton School, 9311 Maple Street, Manassas, on Monday, February 10, 5:00-7:00 PM. The requiem Mass will be celebrated by Father Gregory Thompson at All Saints Catholic Church in Manassas at 10:00 AM on Tuesday, February 11, the feast of Our Lady of Lourdes.

In lieu of flowers the family request that contributions be made to Muscular Dystrophy Association in honor of Joey.

# Cemetery Details

## Fairfax Memorial Park

9900 Braddock Road  
Fairfax, VA 22032  
(703) 323-5202  
info@fmpark.com  
<http://www.fmpark.com/>

# Previous Events

## Visitation

FEB 10. 5:00 PM - 7:00 PM (ET)

Seton School  
9314 Maple Street  
Manassas, VA

## Mass of Christian Burial

FEB 11. 10:00 AM - 11:00 AM (ET)

All Saints Catholic Church  
9300 Stonewall Rd  
Manassas, VA 20110-2566  
(703) 368-4500

# Tribute Wall

SM

“ Thank you so much Joe for the testimony of your life, for your beautiful smile, your tenderness and your love to Jesus and Mary

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**Sister María** - June 12, 2025 at 10:07 PM

FM

“ Pete and Carol,  
We just learned of Joey's death and offer you our profoundest condolences.  
We still include you all in our nightly prayers.  
God bless you.  
Frank and Michele McGlynn

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**Frank and Michele McGlynn** - May 15, 2025 at 12:42 PM

JU

“ Uncle Joey was the best uncle I could have ever asked for. I love him so much. I know he is in heaven praying for me and my family.  
RIP uncle Joey

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**jules** - February 13, 2025 at 01:50 PM

JR

“ Our standing weekly chess match the past 5 years or so has been one of the true joys of my life. To the entire Grimberg family, thank you for sharing Joey with me. He was one of my best friends and I'll miss him dearly. I met Joey at the seton chapel having just moved to Manassas a brand new Catholic and being invited to a holy hour. He was wearing a redskins shirt so I had to say hello. How could I say no when he invited me to hang out? I didn't even have hardly any Manassas friends yet. We could only talk politics and redskins so long before we both got bored and decided to learn chess together. The whole way we both learned about a lot more than chess. Going to miss you brother. Thank you for sharing your faith and your friendship.

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**Jacob Rupe** - February 10, 2025 at 03:12 PM

DF

“ 23 years ago, Matt lost a bet to Joey and had to sign on to a Catholic online dating site as his punishment. One year later, Joey acted as best man to Matt as he married a girl he met on that dating site. A year after that had us all back at church to baptize Joey's Goddaughter. There are now 9 Fords running around and making Matt crazy because of Joey!

Many nights, just before family bedtime prayers (a routine Matt had done with your family as well), he will share memories of his time with your family. Elementary school days and prank phone calls in Maryland, beach trips and incredible times cheering on the 'Skins. There could have been no better friend for Matt nor a better family to know. Sometimes I forget that you are not actually Matt's family! I am so thankful for your influence in our lives.

We are now remembering Joey and your family in our prayers every night. We just know he spent his birthday **RUNNING** in Heaven!

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**Danielle Ford** - February 09, 2025 at 02:14 PM

DF

“ 2 files added to the tribute wall



Danielle Ford - February 09, 2025 at 01:39 PM

AN

“ I will miss seeing Joey hanging out at Central Grounds and bringing him communion at mass. I've always been touched by his faith and determination to live a life, not just live. May his life now with the Lord fill you with peace.

Anonymous - February 09, 2025 at 01:03 PM

DC

“ Grimberg Family,  
So sorry to hear of the loss of Joe. He was an amazing man and taught me so many lessons in the short time I knew him. Praying for you all in this difficult time.

-Dan Clarke & Family

Dan Clarke - February 09, 2025 at 12:39 AM



“ Divine Peace Bouquet was purchased for the family of Joseph Michael Grimberg.



February 08, 2025 at 08:01 AM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Joseph Michael Grimberg.

February 08, 2025 at 08:01 AM



“ Ken & Theo Hancock purchased the Peaceful White Lilies Basket for the family of Joseph Michael Grimberg.



Ken & Theo Hancock - February 07, 2025 at 08:58 AM



“ Ken & Theo Hancock planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Joseph Michael Grimberg.

Ken & Theo Hancock - February 07, 2025 at 08:58 AM



“ The Conran Family (Greg, Marina, Cat) purchased the Divine Light for the family of Joseph Michael Grimberg.



The Conran Family (Greg, Marina, Cat) - February 06, 2025 at 09:14 PM

TC

“ The Conran Family (Greg, Marina, Cat) planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Joseph Michael Grimberg.

The Conran Family (Greg, Marina, Cat) - February 06, 2025 at 09:14 PM

AP

“ AMATEA, LLC (Marina, Matt, Kim, Patrick) purchased the Serenity Wreath for the family of Joseph Michael Grimberg.



AMATEA, LLC (Marina, Matt, Kim, Patrick) - February 06, 2025 at 08:59 PM

AP

“ AMATEA, LLC (Marina, Matt, Kim, Patrick) planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Joseph Michael Grimberg.

AMATEA, LLC (Marina, Matt, Kim, Patrick) - February 06, 2025 at 08:59 PM

TF

“ We first met Joey by divine providence during a Seton School visit 26 years ago. We were deciding on whether to move to Manassas for our children's education. That day, Joey educated us with his most inspiring testimony of faith. We moved--within ready range of Joey's infectious courage, joy, grace, and faith.

We are forever privileged to have known Joey and his beautiful approach to life. His passion strengthens us. Joey is in our prayers, and we, still in his spiritual direction.

Our condolences are with the Grimberg Family upon the loss of such a magnificent man and servant of Christ. You are in our prayers.

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**The O'Donohue Family** - February 06, 2025 at 06:21 PM

OF

*The O'Donohue Family*

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**O'Donohue Family** - February 06, 2025 at 06:23 PM

HH

“ Horace H. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Joseph Michael Grimberg.

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**Horace H.** - February 06, 2025 at 12:35 PM



“ Simply Elegant Spathiphyllum was purchased for the family of Joseph Michael Grimberg.



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February 06, 2025 at 09:12 AM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Joseph Michael Grimberg.

February 06, 2025 at 09:12 AM



“ No time spent with Joey was wasted time! The time that I was able to share with him is the richest of memories for me. Whenever I had little bumps or bruises I would often think of him unable to even scratch his own nose and my pains became silly and light. Requiem aeternam dona ei, Domine, et lux perpetua luceat ei. jb

jb - February 05, 2025 at 02:03 PM



“ The Jeff Price Sr. and Jr. Families purchased the Lavender Reflections Spray for the family of Joseph Michael Grimberg.



The Jeff Price Sr. and Jr. Families - February 05, 2025 at 09:47 AM



“ The Jeff Price Sr. and Jr. Families planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Joseph Michael Grimberg.

The Jeff Price Sr. and Jr. Families - February 05, 2025 at 09:47 AM