



## Dr.. John Robert Pauswinski

November 2, 1942 - September 24, 2018

Dr. John R. Pauswinski, M.D. of Manassas passed away on September 24, 2018 at the age of 75. He was born in Newark, New Jersey on November 2, 1942 and moved to Manassas in 1970.

Dr. Pauswinski attended Rutgers University and Creighton University, receiving his MD from the New Jersey College of Medicine in 1967. He served in the United States Air Force (1967-1970) at Lackland AFB and Brooks AFB, San Antonio, Texas and Andrews AFB, Washington, D.C. He was a Flight Surgeon and Officer in Charge of Occupational Medicine. Dr. Pauswinski was a physician in Manassas (1970-2000) being Board Certified in Family Practice and a Senior Federal Aviation Medical Examiner. He was acting Employee Health Physician for the Prince William County Health Department (2000-2002).

During his retirement, Dr. Pauswinski traveled throughout the United States and to Israel. He entered many ribbon winning flowers in the Prince William County Fair, taught dance classes, and was active with the Lifelong Learning Institute. He enjoyed volunteering at Wolf Trap and the 150th Manassas Sesquicentennial events. He was active in politics and enthusiastically participated at his church.

Dr. Pauswinski is survived by his son Gregory (Jenny) Pauswinski, two

grandsons Max and Gavin, sister Beverly Cuzzo, and niece Christina (Christopher) Yourth.

A memorial service will be held on Saturday, October 20, 2018 at 10:30am at Manassas Baptist Church, 8730 Sudley Road, Manassas. In lieu of flowers, donations may be made to the Manassas Baptist Church or the Stonewall Jackson Volunteer Fire Department & Rescue Squad, 7814 Garner Drive, Manassas.

# Previous Events

## Memorial Service

OCT **20**. 10:30 AM (ET)

Manassas Baptist Church  
8800 Sudley Road  
Manassas, VA 20110

# Tribute Wall

IM

“ I was saddened to learn that Dr. Pauswinski passed away. I worked for him from 1999 to 2000 and helped him close his practice in Manassas. He was a kind man and will be missed!



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**Iris Macomber** - July 23, 2025 at 06:08 PM

GS

“ To the family, deepest sympathy for your loss. I met John several years ago. First in his role as a Doctor, but then he was a member of a home group Bible study that I attended. Several years back he helped me out when I had a tire blowout while driving home from work. That was the kind of person he was. He had a very giving heart. Always ready to lend a helping hand. He loved Jesus and always had a hunger to know Him more deeply. He will be greatly missed. My prayers for God's comfort are with all of you.  
Germaine Sylvain

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**Germaine Sylvain** - October 16, 2018 at 07:15 PM