



## Helen Marie Metro

September 30, 1941 - March 3, 2012

HELEN MARIE METRO, age 70 died on Saturday, March 3, 2012 at Capital Caring, Arlington, Virginia.

She was born on September 30, 1941 in Pittsburgh, Pennsylvania to the late John S. and Marie C. (Szymoniak) Radzius.

Helen was an Office Manager for the government and a member of Holy Trinity Catholic Church, Gainesville, Virginia.

Survivors include her loving husband Al Metro; her son: Brian Metro and wife Karyn; her granddaughter: Maggie K. Metro and her sister: Dorothy Napolitana.

Inurnment will take place at Arlington National Cemetery at a later date.

# Tribute Wall

AC

“ *Helen was a devoted, friendly and caring volunteer at the House of Mercy. We have missed her the past several months, and will continue to do so. Mass Friday here at HOM will be in her memory. A lover of the poor and unfortunate, she brought the message of Christ's love to all she came into contact with.*

*Our prayers are with her and with you, her grieving family. She was a good, good woman.*

*Yours in Christ,*

*Ann Cimini*

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**Ann Cimini** - March 29, 2013 at 01:59 PM

BT

“ *Helen Marie Metro*

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**Bruce & Marilyn Travers** - March 29, 2013 at 01:59 PM