



Helen Catherine Freeze

January 30, 1921 - July 16, 2020

Helen Trout Freeze passed away at the age of 99 1/2 on July 16, 2020, at her home in Gainesville, Virginia, after a lengthy illness of Dementia.

Helen Catherine Virginia Trout was born on January 30, 1921 in Libertytown, Maryland to Harry Trout and Hallie Lee Crum. She is the oldest of six Children: herself, Dorothy Pauline Trout; Charles Josiah Trout, Harry Lee Trout, Harriet Stella Trout and Richard Harrison Trout.

She was a graduate of Walkersville High School, Walkersville, MD, Class of 1939. After high school, Helen relocated to Great Mills, MD, where she was a Switchboard Operator for The C&P Telephone Company. It was there that Helen met her husband, Alvin Harold Freeze and they were married on February 24, 1945 in Leonardtown, MD. In 1946 they welcomed a daughter, Andrea Gene Freeze.

Helen and Harold relocated to many places within the United States, with trailer in tow, due to his job. Helen would always find a job in whatever area they were located. Helen always had a full-time job, while keeping house and raising children. Being a full-time stay at home mom was not her thing. Helen loved to work outside of the home and be around people. She never made a stranger out of anyone.

After many years on the road, with Harold's job, they finally settled in Annandale, Virginia in 1957, where Harold, worked as a Heavy Equipment Operator and Helen, as a full charge Bookkeeper. In 1961, they welcomed a son, Gregory Allen (Buddy) Freeze. In 1975, she lost her husband, Harold, to cancer. Helen remained in Annandale, Virginia, working, until her retirement. She then relocated to Sebring, Florida, where the retirement lifestyle of traveling, teaching water aerobics; along with her annual trips, up north, to Virginia and Maryland, occupied her time, until age dictated that she should come home to Virginia; where she lived until her death.

Helen was preceded in death by her husband, Alvin Harold Freeze; her daughter, Andrea Gene Freeze Small; parents, and her three brothers: Charles, Harry, and Richard. She is survived by her son, Gregory Allen (Buddy) Freeze; daughter-in-law, Mary Larsen Freeze; grandson, Nathan Harold Freeze; two sisters: Dorothy Pauline Trout Fogle and Harriet Stella Trout Loose; along with many nieces and nephews.

Helen enjoyed life and lived it to the fullest.

Cemetery Details

Chapel Lutheran Church Cemetery

11109 Daysville Road
Frederick, MD

Previous Events

Visitation

JUL **22.** 7:00 PM - 9:00 PM (ET)

Pierce Funeral Home
9609 Center St.
Manassas, VA 20110
(703) 257-6028
pfh@piercefh.com
<https://www.piercefh.com>

Graveside Services

JUL **23.** 11:00 AM (ET)

Chapel Lutheran Church Cemetery
11109 Daysville Road
Fre
Frederick, MD

Tribute Wall



“ I had such an enjoyable time with Helen at the high school baseball games. I remember her fondly.

Maureen Wood

Maureen - July 24, 2020 at 02:42 PM



“ Helen was a free spirit. She was always fun to be around, full of funny stories. She truly loved Buddy and Mary and Nathan. Nathan was the apple of her eye and I know she cherished all the time spent watching him grow to become the kind and thoughtful man he has become.

Marvin and I loved to visit her. Susan Cichy

Susan Cichy - July 23, 2020 at 07:38 PM



“ Country Basket Blooms was purchased for the family of Helen Catherine Freeze.



July 21, 2020 at 09:51 AM



“ Corrine Weaver & family purchased the Full Of Love Bouquet for the family of Helen Catherine Freeze.



Corrine Weaver & family - July 20, 2020 at 02:32 PM

SA

“ Dear Buddy, Mary and Nathan,
I so enjoyed your Mom when she would come in for her dental appointments. How so loved her family! I always told her that I wanted to be just like her when I was a senior, she would jump in that car of her's a drive to Maryland when ever she wanted to visit her sister.
She was a fun and happy woman and I feel blessed to have gotten to spend time with her.
I am so sorry for your loss but I know her love for you will surround you. Thank you for sharing her with me.

Sandy Anastasio

Sandy Anastasio - July 19, 2020 at 06:58 AM