



Catherine Ann Poindexter

October 17, 1950 - April 13, 2023

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Catherine passed away at Warren Memorial Hospital in Front Royal, VA, after a year and a half battle with lung cancer on Thursday, April 13th, 2023. She peacefully passed surrounded by her loving family.

Catherine was born on October 17, 1950, to her parents Robert and Alma Balderson in Washington, D.C. After graduating in 1968 from James Madison High School in Vienna, Virginia, Catherine attended Nursing School at the Clinch Valley Clinic Hospital in Southwestern Virginia. Upon graduation from Clinch Valley Clinic in 1969, she became a nurse at Fairfax Hospital in Fairfax, VA. On May 17, 1974, she married Walter "Tom" Poindexter, after dating for a year. They went on to have 2 children who both share the same August birthday, exactly 3 years apart, Kevin and Kelly, both born in Fairfax, Virginia.

Cathy, as she was affectionately known by her family and friends, unconditionally and unselfishly loved her children and supported them all her life through the many highs and occasional difficulties of their lives. She also made it her mission to care for the sick and injured through her work as a staff nurse, Pediatric nurse, family practice nurse, home health nurse and went on to spend the last 20 years of her working career as a Nurse Paralegal helping

to defend doctors accused of medical malpractice until she retired in 2018.

Throughout the 1980's-1990's, Cathy was a frequent volunteer for the Buckhall Volunteer Fire Department Women's Auxiliary, as well as the Buckhall United Method Church. In 1997, her son Kevin, convinced her to come work with him part-time at the Nissan Pavilion at Stone Ridge (now Jiffy Lube Live) as an usher. Cathy's love of music and her amazing co-workers kept her coming back to work at the venue every concert season for almost the next two decades. Cathy eventually became the usher supervisor in charge of the VIP Box seats, as well as the VIP club at the venue, making countless friends from her patrons and coworkers along the way.

In her free time, Cathy enjoyed reading, going to the beach, cheering on her beloved Washington Redskins, eating great food, listening to live music and spending time with her friends, family, and especially enjoyed quality time with her grandchildren Xavier, Maddox, Brayden, and her favorite (and only) granddaughter Keeley, all of whom she proudly doted over and spoiled every chance she got.

To say that her family and friends will miss her tremendously is an understatement. Between the many patients she cared for, fellow nurses, doctors, attorneys, and event staff that she worked with, Cathy was a well-respected and cherished colleague as well as loyal and faithful friend to many people. It was said Cathy was selfless to a fault, often neglecting the needs of herself for the needs and well-being of her many friends and family.

She is survived by her spouse of almost 49 years, Tom Poindexter, son Kevin (Ashley) Poindexter, daughter Kelly (Kevin) Ray, younger brother Pat Balderson, and her grandchildren, Xavier and Maddox Ray, and Brayden and Keeley Poindexter; as well as extended family members Marilyn Balderson, Jessica Brown, Elizabeth (Adam) Buettner and her best friend of 50 years,

Cathy (Don) Peters. She was preceded in death by her father, Robert Balderson, mother Alma Hopper, Stepfather Byron Hopper, and younger brother Robert "Bob" Balderson.

Cathy wished to be remembered and acknowledged as a hardworking, loving mother, sister, grandmother, loyal and unselfish friend and respected colleague.

The family will receive friends and extended family on Saturday, April 22, 2023, at Pierce Funeral Home (9609 Center St, Manassas, VA 20110) between 1:00pm-2:00pm followed by a Celebration of Life service beginning at 2:00pm.

Previous Events

Visitation

APR **22**. 1:00 PM - 2:00 PM (ET)

Pierce Funeral Home
9609 Center St.
Manassas, VA 20110
(703) 257-6028
pfh@piercefh.com
<https://www.piercefh.com>

Celebration of Life

APR **22**. 2:00 PM - 3:00 PM (ET)

Pierce Funeral Home
9609 Center St.
Manassas, VA 20110
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pfh@piercefh.com
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Tribute Wall



“ *Pierce Funeral Home created a Webcast in memory of Catherine Ann Poindexter*



Pierce Funeral Home - April 21, 2023 at 04:28 PM

ME

I worked alongside Cathy as a nurse paralegal for many years. We quickly became close and consulted one another regarding our respective cases.

Cathy occasionally displayed a rather gruff behavior with certain attorneys at the firm (absolutely can't blame her) though her intentions were always top notch. She was amazingly talented and astute - an inspiration to us all.

I will miss and love you always. Cathy.

meg - April 21, 2023 at 11:08 PM



“ *Arrive in Style was purchased for the family of Catherine Ann Poindexter.*



April 22, 2023 at 09:44 AM

EY

“ Tom, Kevin, and Kelly, we are so sorry to learn of Cathy's passing. We all have such fond memories of the times we all had together when the kids were young. Working with Cathy was a joy because she always was so pleasant and kind. May God grant you comfort and peace as we all mourn her passing. Elaine and Jay Yankey and Amy Yankey Franze

Elaine S Yankey - April 19, 2023 at 11:37 AM

BJ

“ Barbara Williams Johnson purchased the Beautiful Dreams for the family of Catherine Ann Poindexter.



Barbara Williams Johnson - April 18, 2023 at 03:08 PM

CS

“ There are too many memories to share, as she was and always will be a huge part of my life. I will be keeping you all in my thoughts and prayers.

Cathy Ionta Shores - April 18, 2023 at 05:32 AM

AI

“ Our friendship knew no end, always in my thoughts and prayers

anne ionta - April 17, 2023 at 07:47 PM



“ Beautiful Heart Bouquet was purchased for the family of Catherine Ann Poindexter.



April 17, 2023 at 04:16 PM



“ Country Basket Blooms was purchased for the family of Catherine Ann Poindexter.



April 17, 2023 at 01:37 PM



“ Beautiful Heart Bouquet was purchased for the family of Catherine Ann Poindexter.



April 17, 2023 at 01:24 PM



“ Ocean Breeze Spray was purchased for the family of Catherine Ann Poindexter.



April 17, 2023 at 01:05 PM



“ *Simply Elegant Spathiphyllum was purchased for the family of Catherine Ann Poindexter.*



April 17, 2023 at 12:25 PM



“ *Brenda Chapman lit a candle in memory of Catherine Ann Poindexter*



Brenda Chapman - April 17, 2023 at 11:36 AM



“ *Sweet Tranquility Basket was purchased for the family of Catherine Ann Poindexter.*



April 17, 2023 at 11:07 AM



“ *Beautiful in Blue was purchased for the family of Catherine Ann Poindexter.*



April 17, 2023 at 10:26 AM

CK

“ *Cindy Kenney lit a candle in memory of Catherine Ann Poindexter*



Cindy Kenney - April 17, 2023 at 09:12 AM

MG

“ *Tom, Vera and I extend our deepest sympathy to you and your family on your loss. You are in our thoughts and prayers.*

Maury Gerson - April 17, 2023 at 07:28 AM

MB

“ *With much love and happy thoughts. Forever in our memories.*

Marilyn Balderson - April 16, 2023 at 08:52 PM

MA

“ *Marilyn purchased the Beautiful in Blue for the family of Catherine Ann Poindexter.*



Marilyn - April 16, 2023 at 08:45 PM