



Carmela Cristina Lampasona

November 19, 1950 - March 8, 2025

Carmela C. Lampasona (Millie/Nonna) came into this world on November 19, 1950, and passed away peacefully on Saturday, March 8, 2025, surrounded by her family.

Millie was born and raised in Brooklyn, NY where she learned to love dance, music, and met the love of her life, John, to whom she was married for 51 years. They started their marriage in Virginia, and in 1973 Millie opened her Dance Studio, Dance World, in the garage of their first house in Dale City. As her business grew, she moved locations two times in 27 years, she retired and closed her business in June 2000 when she decided to focus on being a Nonna. She was blessed to teach long enough that she even taught the children of some of her first students. She made many lifelong friendships through her Dance Studio and choreographed hundreds of iconic dances that are still talked about today.

Millie had a lot of names depending on who you were to her, daughter, sister, wife, Aunt, friend, Miss. Millie, mom, and her favorite was Nonna. She prided herself on her family, a mom to her 4 children, and a Nonna to her 14 grandchildren and 2 great-grandchildren. Millie loved to tell anyone who would listen all about her kids, grandkids, and great grandkids. She loved to spoil her grandkids with trips to Chuck-E-Cheese, the bowling alley where she would give them her “expert” advice, the Pumpkin Patch and the Santa Train. She put on the best Easter Egg Extravaganza annually for her grandkids and their friends. She made the best grilled-cheese sandwich with her secret ingredient

and loved to treat them with ice cream sundaes on top of a cosmic brownie. She shared her passion for dance and music and loved sharing family stories with them. She loved them all from the bottom of her heart, they filled her life with joy and she truly enjoyed spending time with each of them.

Millie suffered a ruptured brain aneurysm in February 2018, she fought and won the battle to survive and recover. She spent 30 days in the Neuro ICU at INOVA Fairfax and an additional 30 days in INOVA Mount Vernon Acute Rehab. She worked so hard to regain her ability to walk, talk and even be able to live independently again.

Millie has joined her beloved husband John in eternity where they now rest together with Our Lord. Millie is predeceased by her parents, Joseph and Lucille Masella and her sister, Jonni Masella. Millie is survived by her 4 children John (Lisa) Lampasona, Tara (Shawn) Griese, Jessica (Ricky) Davila, Alexis (Victoria) Eddington-Hall, her 14 grandchildren Keith (Ashley) Griese, Kevin, Gabrielle & Natalia Griese, Vincent and Adrianna Lampasona, Allyson, Wyatt & Ryan Eddington, Mackenzie and Emerson Hall, Gianna, Dominic & Carmelo Davila, and 2 great-grandsons, William Griese and Colton Griese.

Millie is survived by her brother Joseph (Pam) Masella, her brother-in-law, Robert (Liz) Lampasona, many cousins, nephews, nieces, and friends.

Our love for Mille will endure.

In Lieu of flowers, if you'd like to make a donation, donations may be made to Saint Jude's.

Previous Events

Visitation

MAR **21**. 6:00 PM - 9:00 PM (ET)

Pierce Funeral Home
9609 Center St.
Manassas, VA 20110
(703) 257-6028
pfh@piercefh.com
<https://www.piercefh.com>

Funeral Mass

MAR **22**. 11:00 AM - 12:00 PM (ET)

Sacred Heart Catholic Church
12975 Purcell Road
Manassas, VA 20112

Tribute Wall



“ I first met Millie in the fall of 1973. I had just turned 11, and she was my little sister's dance teacher. We were also neighbors - so I could be wrong - but the last I really remember seeing her was at our dance recital in May of 1977. She danced with us that year in the finale. I was beside her in our performance of 'One (the Reprise)' from 'A Chorus Line'. Her teaching was paramount to my courage to just be me. Thank you, Mille.

David Gibbard

David Gibbard - April 25, 2025 at 06:17 PM

BM

“ Becky M. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Carmela Cristina Lampasona.

Becky M. - March 21, 2025 at 07:29 PM

RR

“ It's so very hard to put into words how much Millie meant to me and the tremendous impact she had on all of us. Her amazing talents as a choreographer and dancer instructor were phenomenal. Her beautiful, powerful soul and incredible sense of humor made her one of those special people you'll never forget. Rest easy dear Millie. 🙏💕💕

Rachael Roth - March 21, 2025 at 06:43 PM

JD

Thank you Rachel! Mom loved you and your brother so much! Thank you both for coming and supporting all of us in this time of need.

Jessica Davila - March 23, 2025 at 10:58 PM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Carmela Cristina Lampasona.

March 21, 2025 at 06:34 PM



“ *Fairest of All* was purchased for the family of Carmela Cristina Lampasona.



March 21, 2025 at 03:02 PM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Carmela Cristina Lampasona.

March 21, 2025 at 03:02 PM



“ *Millie was my childhood friend. I have fond memories of her - I did not have the opportunity to go to dancing school, but Millie taught me and we performed for the neighborhood kids on her stoop at 1150 44th street. She was talented and shared her gift thru her life. Rest in peace dear childhood friend and dance your way thru heaven.*

Pat ((Sorito) Nielsen - March 21, 2025 at 02:40 PM



*Hi Pat! I remember my mom telling us this story, and how she got to take lessons because her mom worked at the studio! Thank you for sharing!
Jessica*

Jessica Davila - March 23, 2025 at 10:57 PM

KG

“ Karen Gerhart planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Carmela Cristina Lampasona.

Karen Gerhart - March 21, 2025 at 10:56 AM

KG

“ Karen Gerhart purchased the Peaceful White Lilies Basket for the family of Carmela Cristina Lampasona.



Karen Gerhart - March 21, 2025 at 10:56 AM

OF

“ Officer Samuel G. Perry and family purchased the Simply Elegant Spathiphyllum for the family of Carmela Cristina Lampasona.



Officer Samuel G. Perry and family - March 21, 2025 at 08:53 AM

IT

“ Ilse, Walter & Peggy Thompson planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Carmela Cristina Lampasona.

Ilse, Walter & Peggy Thompson - March 20, 2025 at 06:24 PM

IT

“ *Ilse, Walter & Peggy Thompson purchased the Divine Peace Bouquet for the family of Carmela Cristina Lampasona.*



Ilse, Walter & Peggy Thompson - March 20, 2025 at 06:24 PM

FF

“ *From Trovinger & Boggs family purchased the Full Of Love Bouquet for the family of Carmela Cristina Lampasona.*



From Trovinger & Boggs family - March 20, 2025 at 11:05 AM



“ *Simply Elegant Spathiphyllum was purchased for the family of Carmela Cristina Lampasona.*



March 20, 2025 at 10:27 AM

CD

“ *Camille & Danny purchased the Enchanted Cottage for the family of Carmela Cristina Lampasona.*



Camille & Danny - March 20, 2025 at 07:19 AM

KF

“ Kari Kiser and family purchased the Basket Full of Wishes for the family of Carmela Cristina Lampasona.



Kari Kiser and family - March 19, 2025 at 07:47 AM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Carmela Cristina Lampasona.

March 18, 2025 at 07:53 PM



“ Emerald Garden Basket was purchased for the family of Carmela Cristina Lampasona.



March 18, 2025 at 07:53 PM

DF

“ Dr. Kristin Rojas and Family purchased the Enchanted Cottage for the family of Carmela Cristina Lampasona.



Dr. Kristin Rojas and Family - March 18, 2025 at 07:47 PM

DF

“ Dr. Kristin Rojas and Family planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Carmela Cristina Lampasona.

Dr. Kristin Rojas and Family - March 18, 2025 at 07:47 PM

FD

“ From Boop and Lolo and Delia planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Carmela Cristina Lampasona.

From Boop and Lolo and Delia - March 17, 2025 at 06:35 PM

FD

“ From Boop and Lolo and Delia purchased the Medium Dish Garden for the family of Carmela Cristina Lampasona.



From Boop and Lolo and Delia - March 17, 2025 at 06:35 PM



“ Enchanted Cottage was purchased for the family of Carmela Cristina Lampasona.



March 17, 2025 at 02:11 PM

MF

“ We always enjoyed all the family gatherings such a loving caring family and I still have special things Millie made for me rest in peace my dear friend
Prayers for her beautiful family
The flores

Mary & Buddy Flores - March 16, 2025 at 08:39 AM