



Sharon Ann Throckmorton

May 11, 1939 - July 22, 2020

Sharon Ann Throckmorton, 81, of Gainesville, Virginia, died at Prince William Hospital of cardiac complications on Wednesday, July 22nd, 2020. She was born in Washington, D.C. on May 11, 1939 to Edward Sylvester Jarrett and Catherine Rom Jarrett (both natives of Montana).

Sharon grew up in Falls Church, Virginia where she attended St. James Catholic School through the eighth grade. She was a graduate of Holy Trinity High School, Washington, D.C., Class of 1957. Following high school, Sharon attended the Washington School for Secretaries and later went on to work as a secretary for United States Senator J. Lister Hill (D-AL) from 1962-1963. She and her husband, William Robert Throckmorton, Sr., were married on August 18, 1961 and settled in Alexandria, Virginia. Her primary calling was as a full-time wife and mother to her three children during their school-age years. She spent much of her time supporting their many extracurricular activities, including using her sewing talents to create costumes, choir dresses and uniforms. She was an avid reader, sports fan and home chef. She reveled in preparing and enjoying gourmet meals with her family and hosting many family celebrations and holidays.

In her retirement, Sharon was an Associate member of the Novant Health Auxiliary at Prince William Hospital and volunteered over 3,200 service hours from 2002-2012. She served as both Chairperson and Director of Guest Services. She was a member of Holy Trinity Catholic Church in Gainesville, Virginia where she also volunteered her time regularly. Her primary role in her last years was as a grandmother and she took great pride and joy in all of her grandchildren's activities and accomplishments.

Sharon was an eternal optimist who always saw the bright side of life. She shared this optimism with everyone she knew. No matter the situation, she could always find a way to find the silver lining and laugh in times of difficulty. She was a cancer survivor, diagnosed with Chronic Myeloid Leukemia in 2009 and through modern treatments and a positive attitude, achieved complete remission in 2018.

Sharon joins her husband, both of her parents, and her sister, Barbara J. Hill. She is survived by her children, Theresa T. Bell (David C.), Elizabeth J. Gallagher (Kevin T.), Thomas Cleon Throckmorton (Julie Therese), and stepson Peter Joseph Throckmorton (Janice E. Buckner); and grandchildren, Cecilia Marie Gallagher, Ursula Elizabeth Bell, Ian Thomas Gallagher, Elijah Harrison Bell, Sarah Catherine Throckmorton, Joshua Carlyle Bell, Benjamin Thomas Throckmorton, Michael Patrick Gallagher, Susannah Elizabeth Throckmorton, Zachary David Bell, and step-grandson Liam Peter Throckmorton.

A funeral mass will be held on Thursday, August 6th at 1:30 PM at Holy Trinity Catholic Church in Gainesville, Virginia. Masks are required. Inurnment at Arlington National Cemetery will be held privately.

In lieu of flowers, the family asks that you make a donation in loving memory of Sharon Ann Throckmorton to:

The Leukemia & Lymphoma Society via <http://www.lls.org/ways-to-donate>; by phone at 888-773-9958; or by mail at LLS, Attn: Donor Services, P.O. Box 98018, Washington, DC 20090.

Condolences may be sent to <http://www.piercefh.com>.

Comments



“ Sharon and I shared more than just the same birthday. We shared the same hopes and dreams of our married children Julie and Tom.
We also shared the same pride only a grandmother can know for Sarah, Ben and Susannah.
Rest in pease, Sharon
We'll meet again.

Cathy Younker - August 07, 2020 at 02:12 PM



“ Florist Choice Bouquet was purchased for the family of Sharon Ann Throckmorton.



August 06, 2020 at 07:54 AM



“ I loved working with Sharon at Prince William Hospital. She had the best customer service and truly cared about the patients and guests that needed assistance at the Information desk.
I am truly sorry to hear of her passing.
I consider myself very blessed to have known her. I will miss her smile and beautiful spirit. Rest In Peace in the arms of our Father in Heaven.
Love, Sandy Carrott



Sandy Carrott - August 05, 2020 at 07:03 PM



“ Remembering Sharon as a friend and mutual grandmother of three of our beautiful grandchildren.

I send my most heartfelt sympathy to Liz, Theresa, Tom and families, as well as all who knew and loved her.

Till we meet again, Sharon, and celebrate our mutual month of May birthdays -- rest in peace

With love,
Jeri (Jeri Gallagher)

Jeri Gallagher - August 04, 2020 at 09:39 AM



“ Sharon was my best friend at Holy Trinity. On days that the weather was bad her Dad would drive us to school. Sharon was the serious one, the responsible one She was the president of the student counsel and the president of our sorority. She was the straight A student. I was the total opposite. I was the one who got us into trouble. We lived in Virginia and school of course was in Georgetown. The way I recall the snow day was that we had gotten as far as our hangout “Sugars” down the street from school and heard that school had been canceled for Virginia students. Well we certainly weren’t going to go to class if we had been given permission not to so we did turn around and go home. Trouble was something Sharon didn’t do but she got into another mess with me when Sister was late getting to chemistry lab. We were standing at the window watching the Georgetown University boys walk by. I had confiscated a cap pistol from my little brother that morning and felt it in my blazer pocket. I pulled it out and began shooting it out the window at the boys to get their attention just as sister walked in. We were immediately sent to the principals office and promptly suspended until our parents could be notified. We spent the rest of the day canoeing on the Potomac trying to delay what would greet us when we got home. Sharon was taken off of the student counsel which I hated but she took it with grace. We continued to be friends. The last I saw Sharon was at our 60th class reunion at my farm in Warrenton. She hadn’t changed. She was the same beautiful, kind and loving woman I knew in school.

I am so sorry for the loss of your Mom and Grandmother. She was a friend you could count on.

Peggy Doyle
Class of 57
Holy Trinity Termites

Peggy Doyle - August 03, 2020 at 01:04 PM



“ Right this moment I can picture Mr and Mrs Throckmorton as they used to sit in the far right side pews at St Lawrence, as they followed along during Mass (using their own Mass books), every Sunday.

With sympathy to Liz and Theresa and the rest of the ‘Throckmorton’ families.
Jean (Watts) MALLORY

Jean (Watts) Mallory - August 02, 2020 at 01:25 PM